

## **By Air**

From Amsterdam Schiphol Airport it is a mere 30 minutes by train or car to Utrecht city center. Utrecht is also very easily accessible by train from surrounding countries.

The Netherlands is a small country with an excellent public transport network. You can reach every destination easily and comfortably by train, bus, tram, metro or ferry.

## **Arriving at Schiphol Airport (AMS) in Amsterdam?**

[Plan your train journey and check the online timetable before you arrive](#)

## **By Bus**

The bus station is situated next to the central train station. Buses to and from all directions arrive and depart throughout the day. Go to [9292.nl/en](https://9292.nl/en) for detailed information about travelling by public transportation.

## **By Car**

If you come by car, please park your car outside the city. Parking within the city is very expensive.

Please check [Park & Ride](#): These are easy-to-find and inexpensive parking facilities on the outskirts of the city with a shuttle service into town. [Park & Ride](#) facilities can also be found at various train stations close to Utrecht.

## **Do you plan on using public transportation in or outside Utrecht?**

We recommend you register and reserve your Utrecht Region Pass.

Take advantage of all of the beauty Utrecht has to offer by considering the [Utrecht Region Pass](#) that will grant ease of access to the Dutch public transportation system, including trains, trams, buses, and bicycles ([OV-fiets in Dutch](#)). Bicycles can be easily rented from over three hundred locations like those by train stations, bus and metro stops, and several town centers. The Utrecht Region Pass also gives you access to selected attractions in the Utrecht Region.

After [registering online](#), you can collect your Utrecht Region Pass at one of the many [pick-up locations](#) and start traveling. You pay €6.50 rental fee (including €3.25 reservation costs) plus the regular public transport charges.

It is a "pay-as-you-go" (public transport) card with national coverage linked to your credit card. As soon as you pick up your card, you can immediately start to travel.

For more information, see [Utrecht Region Pass](#).

## **Power**

If you're traveling from the US or another country that uses a different plug shape, be sure to bring a travel adapter or voltage converter

*What's the difference between a travel adapter and voltage converter?*

While a travel adapter will convert your home country's native plug shape to that of the destination country, it will not convert the voltage. For example, the US and Canada use 120V, while European countries use 220V. In most cost cases, a travel adapter is all you need because most modern electronics have voltage converters built in. If the device says 120V-220V (often printed on the power adapter), then your device is handling the listed voltages and not in need of a converter. [Learn more.](#)

## **Payment**

Utrecht, the Netherlands is part of the European Union and uses the Euro (€) as its official currency. Please note that much of Utrecht expects cashless payments (e.g., buses do not accept cash). While most major credit cards will work, it is advisable to have more than one on hand in case one is not accepted.

## **VISA**

You may be required to purchase a visa for your stay in The Netherlands.

Find out if you need a visa by consulting [Netherlands and You](#) website.

*Do you need an Invitation Letter?* You can write [...] to receive a letter by email (PDF).

## **Travel and Health Insurance**

It is strongly recommended that participants take out insurance to cover loss (including registration fees) incurred in case of cancellation, medical expenses and damage to or loss of personal effects. The organizers of the HES Annual Meeting 2021 Conference will not be responsible for any medical costs incurred by participants. Utrecht University and the Local Host Committee will not accept liability for personal injuries or for loss or damage to property belonging to participants, either during or as a result of the annual meeting.